

It is very important that we honor your schedule to the very best of our ability. To assure that we can accommodate you in your healing process, please complete the following form for the doctor to create the most effective spinal care plan.

- 1. Circle three days that work best for scheduling your spinal correction visits/appointments.**

Monday

Tuesday

Wednesday

Thursday

- 2. Circle the ideal time of day for scheduling your spinal correction visits/appointments.**

Early Morning

Late Morning

Early Afternoon

Late Afternoon

8-10 am

10-12 noon

2-4 pm

4-5:30 pm